

Block 1.4: History & Methods of Psychology

Introduction Lecture

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Why shall I care about Philosophy and History of Psychology?



Is psychology a real science?

Why do we need psychology?



Professional Stance

Understanding

- psychology as a scientific discipline
- psychology as a profession

Raised Topics

- History of psychology
- Conceptual & methodological issues of psychology



History of Psychology

- How did psychology evolve?
- What are main figures of modern psychology?
- How did the study of mind and behaviour develop through the ages?
- How did psychology become a real science?
- How did psychology as a discipline develop since the 1870's until now?



Philosophy of Science / Methods of Psychology

As a professional psychologist you should know the rationale behind doing scientific research.

Understanding psychology as a scientific discipline:

- Is psychology a science or pseudoscience? And why?
- Philosophy of science
- Problems of scientific psychology, Replication crisis
- **Do we really need psychology (if we have e.g. Neuroscience)?**



Four Main Topics

1. History of Psychology

- *1a*: Establishing Academic Psychology
- *1b*: Disciples & Schools of Psychology

2. Philosophical Roots of Psychology

- *2a* & *2b*: Mind-Body

3. Philosophy of Science

- *3a*: What is Science?
- *3b*: Philosophy of Science

4. Research Methods of Modern Psychology

- *3a*: Methods of Empirical Research
- *3b*: Research Methods & Questionable Research Practices



Schedule

Week	Topic	Lecture (Mon)	Tutorial (Thu)
22/04	1a		Establishing Academic Psychology
29/04	1b	History of Psychology	Disciples & Schools of Psychology
06/05	2a		—
13/05	2b	Philosophical Roots of Psychology	Mind-Body Problem
20/05	3a		What is Science?
27/05	3b	Philosophy of Science	Philosophy of Science
03/06	4a		Methods of Empirical Research
10/06	4b	Research Methods of Modern Psychology	Research Methods & Questionable Research Practices
17/06		<i>Exam week with Q&A Lecture</i>	



Activity

1. Self-Study
2. Lectures
3. Tutor group meetings
4. Canvas Discussions



9

Examination

- 40 multiple choice items
 - based on problems and lectures
 - typically enough time
 - sample questions will be provided during the course



10

Learning Resources

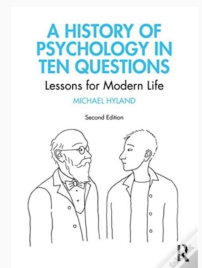
- [Canvas](#)
- [Course Manual](#)



11

First tutorial meeting

Don't forget to prepare the first tutorial meeting



⚠ Required Reading

- Hyland (2024), Chapter 2: *How psychology joined the science club.*



12

Thank you very much



13